

ABCD: BY THE NUMBERS IN FY23

ABCD assists low-income residents of Greater Boston to stabilize and improve their lives and move out of poverty by providing programs and services at its central offices and through a network of service centers.

In 2023, these services reached **99,352 low income individuals and their families** and included:

- **COMMUNITY OUTREACH:** ABCD Connect, a remote hotline, assisted 4,024 individuals with information and referral services.
- **HOUSING AND RENTAL ASSISTANCE:** Assisted 946 households with housing assistance and stabilization support and 218 households with emergency rental assistance payments.
- **ASSET DEVELOPMENT:** Helped 3,103 households with free tax assistance.
- **EARLY CHILDHOOD EDUCATION & CARE:** Served 2,292 preschoolers, infants, and toddlers with Head Start. Assisted 5,350 families access child care through referral and voucher programs.
- **EDUCATION & CAREER DEVELOPMENT FOR ADULTS:** Provided 232 individuals with ESOL courses. Provided 10,319 individuals with job assistance, helping 1,536 obtain jobs.
- **ENERGY ASSISTANCE:** Assisted 31,557 households obtain LIHEAP benefits, helped 1,231 lower their energy bills with weatherization services and heating system upgrades, and provided 899 single family households with appliance audits and product upgrades.
- **FOOD SECURITY:** Prepared 985,560 meals for children in Head Start, provided 4,465 families with food pantry services. Distributed food to 447 elders through the Senior Brown Bag Program. Delivered groceries to 621 households reaching vulnerable populations including homebound and elderly residents, and 1,984 individuals at food pop-up locations.
- **HEALTH SERVICES:** Provided 14,045 individuals with disease prevention and reproductive health care.
- **HOLIDAY JOY:** Distributed holiday toys to 614 families. Provided 1,253 families with holiday meals, and 146 families participated in the ABCD Adopt-a-Family program.
- **IMMIGRATION SERVICES:** Helped 232 individuals complete US citizenship applications, assisted 76 individuals obtain US citizenship and 27 individuals obtain permanent residency.
- **YOUTH PROGRAMS:** Educated 128 youth in alternative high schools and connected 565 youth with summer employment and 152 with year-round employment.