

# FAMILY PLANNING TRAINING PROGRAM

*2022 Calendar*



**The ABCD Family Planning Training Program** provides professional level training on family planning, reproductive health and sexuality education for healthcare providers, counselors, educators, and other community health workers.



**[bostonabcd.org/familyplanning](https://bostonabcd.org/familyplanning)**



# FAMILY PLANNING FOR HEALTH LEADERS

Each year, the **ABCD Family Planning Training Program** offers a comprehensive calendar of professional training opportunities. All of our trainings are hybrid and include self-paced, online content to be completed prior to the live sessions.



## **INTRODUCTION TO FAMILY PLANNING:**

A one-session course for community agency staff.



## **BASIC FAMILY PLANNING:**

A two-session family planning counselor certification course. In addition, there is a one-session course requirement covering ABCD and Title X requirements for family planning service provision at ABCD sub-recipient sites.



## **FAMILY PLANNING FOR ADVANCED PRACTICE:**

A two-part training designed specifically for RNs, Advanced Practice Nurses, and Physician Assistants.



## **HIV EDUCATION FOR HEALTH WORKERS:**

A one-session training designed for reproductive health educators and counselors, community health workers, and social workers.

In addition, trainings on current reproductive health topics are held several times a year. Specialized trainings on family planning and reproductive health topics are available for community and health care agencies by special arrangement with ABCD staff.

## ... Basic Family Planning

A two-session course including live and enduring material activities for individuals working in family planning and reproductive health programs.



**TOPICS INCLUDE:** Principles For Providing Quality Family Planning Counseling and Education, Reproductive Anatomy and Physiology, Contraceptive Methods and Emergency Contraception, Pregnancy Options Information, STD/HIV Information and Prevention, Preconception Health, Sexual Health Issues, Counseling Adolescents and Sexual Coercion and Abuse and Family Involvement.

A certificate will be awarded upon successful completion of the course, which includes attendance at both live sessions, completion of homework, and passing a take-home exam. Certification of family planning counselors at ABCD Family Planning sites includes observation of family planning counseling sessions.



**FEE: \$300** (includes handbook and additional materials). No cost for staff of ABCD funded family planning programs.



**TRAINING DATES & REGISTRATION DEADLINES:**

Jan. 26 + Feb. 2, 2022 | **DEADLINE:** Jan. 19, 2022  
or May 4 + May 11 | **DEADLINE:** April 27, 2022

**LIVE SESSIONS:** 9am - 1pm with additional pre-learning required

## ... ABCD Family Planning Program Requirements

A one-session training that covers ABCD and Title X requirements for family planning service provision at ABCD sub-recipient sites. This training is intended for staff who provide or supervise family planning services at ABCD funded sites. The ABCD Family Planning Program Requirements Training is provided at **no cost for staff** of ABCD funded family planning programs.



**TOPICS INCLUDE:** Definition of a Family Planning Visit, Client Eligibility, Required Documentation, Data Submission, Billing, and More.



**TRAINING DATES & REGISTRATION DEADLINES:**

Feb. 9, 2022 | **DEADLINE:** Feb. 2, 2022  
or May 18, 2022 | **DEADLINE:** May 11, 2022

**LIVE SESSIONS:** 9am - 1pm with additional pre-learning required

# Family Planning for Advanced Practice

A two-part training, including live and enduring material activities, designed specifically for RNs, Advanced Practice Nurses, and Physician Assistants.



**TOPICS INCLUDE:** Reproductive Anatomy; Physiologic Basic Reproduction: Endocrinology of the Menstrual Cycle and Influence on Contraception Mechanisms; Basic Infertility Care; Preconception, Contraceptive Methods Mechanisms of Action and Effectiveness of: Combined Hormonal Contraceptives; Progesterone Only Contraceptive Pills; Depo-medroxyprogesterone acetate injectable contraception; Hormonal and Copper IUD; Permanent Contraception; Emergency Contraception; Pregnancy Options; STD Screening, Testing, Diagnosis, and Treatment; Sexual and Reproductive Health Needs of Adolescents, People with Disabilities, History of Trauma, and LGBTQQIA People; Evidence- based Clinical and Counseling Guidelines; History of Title X Funding; and Issues of Racial Equity in Reproductive Healthcare.



**CONTACT HOUR INFORMATION:** This educational activity is approved for 17.5 contact hours for nurses.



**FEE: \$300** (includes educational materials and 17.5 contact hours for nurses). No cost for staff of ABCD funded family planning programs. Staff requesting contact hours certificate will be charged **\$200** to defray approval expenses.



**TRAINING DATES & REGISTRATION DEADLINES:**

Mar. 11 + 18, 2022 | **DEADLINE:** Mar. 4, 2022

**or** June 17 + 24, 2022 | **DEADLINE:** June 10, 2022

**LIVE SESSIONS:** 9am - 2pm

# Mandatory Training & Networking Events

Mandatory trainings on current reproductive health topics are offered several times a year. These trainings are required for certified family planning counselors in ABCD family planning funded sites. Training topics and dates will be posted online every quarter.

Family Planning Counselor Networking events to be announced throughout the year. Attendance registration is required.

## Behavioral Health Integration for Community Health Workers

A 14-hour training for community health workers (CHWs) working in healthcare settings that will address mental illnesses and substance use disorders most commonly evident in primary care settings. The skill-based training will review assessment skills, advocacy roles for CHWs, strategies and guidance for coaching patients through access barriers, treatment literacy, and behavioral health (BH) service navigation.



**TOPICS INCLUDE:** Common mental illnesses and substance use disorders (SUD), motivational interviewing, harm reduction theory and skills, social determinants of health, systemic racism, inequitable health and mental health outcomes, behavioral health service navigation, CHW collaboration with Behavioral Health clinicians and social workers.



**FEE:** No cost to participants.



**TRAINING DATES & REGISTRATION DEADLINES:**

TBD. Look out for upcoming training dates in Spring, Summer and Fall of 2022.

# Behavioral Health Integration for Supervisors of Community Health Workers

An eight-hour training, split between two sessions, for supervisors of community health workers (CHWs) working in healthcare settings. This training will complement the BH Integration Training for CHWs. The skill-based training will review essential supervisory skills including advocacy for CHWs within health organizations, supervision of staff who are of different race or ethnicity, best practice in supportive supervision techniques, and communicating a clear understanding of the CHW role in the context of the behavioral health team.



**TOPICS INCLUDE:** Supportive supervision of CHWs, advocacy skills, systemic racism in healthcare, inequitable health and mental health outcomes, CHW collaboration with social workers and other behavioral health clinicians.



**FEE:** No cost to participants.



**TRAINING DATES & REGISTRATION DEADLINES:**

TBD. Look out for upcoming training dates in Spring, Summer and Fall of 2022.



## **ABCD Family Planning Training Program**

105 Chauncy Street, 4th Floor | Boston MA 02111



617.348.6255 | **Fax:** 617.357.6810



**[bostonabcd.org/familyplanning](https://bostonabcd.org/familyplanning)**



### **Online Registration:**

**[bostonabcd.org/fptraining](https://bostonabcd.org/fptraining)**



### **Training + TA Coordinator:**

Maggie Fryerwood

**[margaret.fryerwood@bostonabcd.org](mailto:margaret.fryerwood@bostonabcd.org)**

