

ABCD: BY THE NUMBERS IN FY2019

ABCD assists low-income residents of Greater Boston to stabilize and improve their lives and move out of poverty by providing programs and services at its central offices and through a network of service centers.

*In 2019, these services reached **103,244 LOW-INCOME INDIVIDUALS** representing **90,293 HOUSEHOLDS** and included:*

ASSET DEVELOPMENT: Helped 5,192 households with free tax assistance.

EARLY CHILDHOOD EDUCATION & CARE: Served 2,966 pre-schoolers, infants, and toddlers with Head Start. Helped 8,736 families access child care through referrals and voucher programs.

EDUCATION & CAREER DEVELOPMENT FOR ADULTS: Provided 639 individuals with ESOL courses.

ELDER SERVICES: Provided 133 seniors with hot meals and snacks. Distributed food to 442 elders through the Senior Brown Bag Program. Connected 161 Foster Grandparents to children with exceptional needs in their communities.

ENERGY ASSISTANCE: Assisted 15,546 households obtain LIHEAP benefits, helped 1,523 lower their energy bills with weatherization services and heating system upgrades, and provided 2,530 single family households with appliance audits and product upgrades.

FOOD SECURITY: Prepared 995,880 meals for children in Head Start, provided 3,860 families with food pantry services, and distributing 667,269 pounds of food.

HEALTH SERVICES: Provided 24,841 individuals with disease prevention services and reproductive health care.

HOUSING & HOMELESSNESS PREVENTION SERVICES: Helped 82 families prevent foreclosure.

IMMIGRATION SERVICES: Assisted 447 individuals obtain US citizenship and 38 individuals obtain permanent residency.

YOUTH PROGRAMS: Educated 163 youth in alternative high schools and connected 674 youth with summer employment.

HOLIDAY JOY: Distributed holiday toys to 800 families. Provided 1,003 families with holiday meals, and connected 219 families with donors in the ABCD Adopt-a-Family program.