

# ABCD: BY THE NUMBERS in FY2018

*ABCD assists low-income residents of Greater Boston to stabilize and improve their lives and move out of poverty by providing programs and services at its central offices and through a network of service centers.*

*In 2018, these services reached **102,333 low-income individuals** representing **91,124 households** and included:*

**ASSET DEVELOPMENT:** Helped 5,352 households with free tax assistance.

**EARLY CHILDHOOD EDUCATION & CARE:** Served 2,904 pre-schoolers, infants, and toddlers with Head Start. Helped 8,989 families access child care through referrals and voucher programs.

**EDUCATION & CAREER DEVELOPMENT FOR ADULTS:** Provided 427 individuals with ESOL courses. Enabled 87 students to graduate with Associate's Degrees or certificates. Provided 462 individuals with job assistance, helping 371 obtain jobs.

**ELDER SERVICES:** Helped 318 seniors maintain independent lives through case management and other support services. Provided 267 seniors with hot meals and snacks. Distributed food to 394 elders through the Senior Brown Bag Program.

**ENERGY ASSISTANCE:** Assisted 7,105 households obtain LIHEAP benefits, helped 1,552 lower their energy bills with weatherization services and heating system upgrades, and provided 2,196 single family households with appliance audits and product upgrades.

**FOOD SECURITY:** Prepared 996,310 meals for children in Head Start, provided 4,059 families with food pantry services, distributing 653,691 pounds of food, and helped 96 households obtain SNAP benefits.

**HEALTH SERVICES:** Provided 28,781 individuals with disease prevention services and reproductive health care.

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**HOUSING & HOMELESSNESS PREVENTION SERVICES:** Helped 76 families prevent foreclosure, provided housing assistance and stabilization services to 817 households, and helped 446 households obtain or maintain housing.

**IMMIGRATION SERVICES:** Helped 588 individuals complete US citizenship applications, assisted 492 individuals obtain US citizenship and 78 individuals obtain permanent residency.

**YOUTH PROGRAMS:** Educated 246 youth in alternative high schools and connected 710 youth with summer employment.

**HOLIDAY JOY:** Distributed 938 holiday toys to families. Provided 908 families with holiday meals, and connected 145 families with donors in the ABCD Adopt-a-Family program.

## ABCD'S REACH

ABCD supports low-income residents as well as the economy in which they live by investing resources into communities:

- ▶ ABCD serves residents of 126 cities and towns across the Commonwealth, with 20 cities and towns comprising our core service area.
- ▶ Recruited 1,595 volunteers who donated 208,170 hours to ABCD and our customers.
- ▶ ABCD contributed to the State's economy by working with 2,297 vendors.